

# Online conference

# MENTAL HEALTH OF CHILDREN AND ADOLESCENTS

**When:** Wednesday 15 November 2023 at 15:00

**Where:** online

REGISTRATION [HERE](#)



## Programme:

**15:00 - 15:04** - conference opening

**15:05 - 15:30** - **The Technical University of Liberec** - ThDr. Kateřina Brzáková Beksová, Th.D., Mgr. Hana Ryšlavá, PhD. - the mental health of children and adolescents and about preventive measures

**15:35 - 15:55** - **Educational center Turnov** - Ing. Miluše Tomanová - project Relax Yourself, how to use the project outputs

**16:00 - 16:30** - **The University of Stavanger** - Edvin Bru (Professor of Educational Psychology), Kjersti Balle Tharaldsen (Vice-dean of Research and Innovation at the Faculty of Arts and Education, and Associate Professor at the Norwegian Centre for Learning Environment, at the University of Stavanger, Norway) - The social and emotional learning intervention ROBUST: Aims, contents and experiences from Norwegian lower secondary schools

**16:35 - 17:00** - questions, discussion

*It will be translated into English.*

*The conference is the output of the project Relax Yourself, the project financially supported by the EEA/Norway Funds 2014 - 2021.*

